

Harvesting the Fijian Red Mangrove

Where is it harvested?

At present, the Titi is being harvested from various villages in Fiji. A whole village participates in the complete process from the picking, pounding, drying and the packing of the Titi. The young and the very old are involved in the whole process and when there is a harvest, an atmosphere of fun envelops the village as the sound of laughter can be heard everywhere.

How is it harvested?

Nature's Nurse harvests according to traditional practices, which yields 3 or 4 shoots regrowing from the same root. Before harvesting, the villagers are told and shown how to pick the roots to ensure the sustainability of the Titi. Most villagers are aware of this as their ancestors taught them the usefulness of the Titi.

A percentage of the money the villagers make from the harvest of the Titi is put back into the village. This is matched by Nature's Nurse for use in village projects like providing running water and raising the standard of living in the village.